



# December 2018

## EC Caregiver Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 10am: Caring Connection Support Group	<b>4</b> 1pm: Caregiver Time Out	<b>5</b>	<b>6</b> 1pm: Caregiver Christmas Celebration	<b>7</b> 1pm: Afternoon Movie (Meet Me In St. Louis)
<b>10</b>	<b>11</b> 1pm: Caregiver Time Out 1pm: Vision Loss Support Group	<b>12</b>	<b>13</b> 1pm: Grief Support Group 1pm: Stroke Support Group	<b>14</b> 1pm: Afternoon Movie (White Christmas)
<b>17</b> Tech 9-1-1 (Sign Up For A Time) 6pm: ANGELS Support Group 6:30pm: MS Support Group	<b>18</b> 1pm: Caregiver Time Out	<b>19</b> 10:30am: Parkinson's Disease Support Group	<b>20</b> 1pm: Alzheimer's Support	<b>21</b>
<b>24</b> CHRISTMAS Center Closed	<b>25</b> CHRISTMAS Center Closed	<b>26</b> CHRISTMAS Center Closed	<b>27</b>	<b>28</b>
<b>31</b> HAPPY NEW YEAR!				

Please call Holly Hight, Caregiver Specialist, at (919) 776-0501 ext. 2230 for more information regarding these programs or for further assistance.